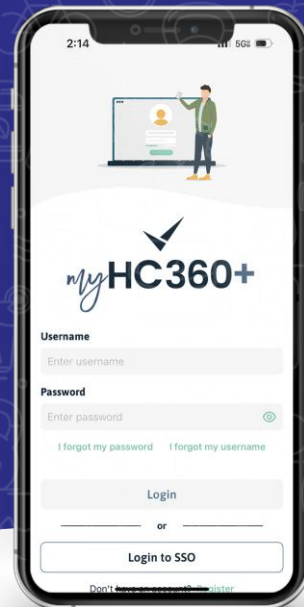


# Health Plan Incentive Program Checklist



Full-time U.S. associates and their spouses/domestic partners planning to enroll in a Cognizant medical plan in 2026, can participate in the [Health Plan Incentive Program \(HIP\)](#) to receive medical contribution discounts of \$50 a month per user, per activity, beginning 1/1/2026.

**Note:** Associates hired, transferred, or integrated into Cognizant U.S. on or after August 1, 2025, will automatically receive the discounted rates for the 2026 plan year.

☐ **Create a NEW myHC360+ account** HealthCheck360 has moved to a new platform and all members must re-register for a new account.

- Scan the QR code to download the new myHC360+ mobile app or go to the [desktop platform](#).
- Select **Don't have an account? Register** and enter your information, using **Company Code:** CTS25 and the **Unique ID** that applies to you:
  - **Cognizant Associates:** full associate ID (i.e. 123456)
  - **Collaborative Associates:** last 4 of associate ID (i.e. 3456 if full ID is 0123456)
  - **Spouses/domestic partners:** same unique ID as the associate, but add a "1" to the end (i.e., using examples above, unique ID would be 1234561 or 34561)
- Agree to the terms and conditions and click **Create Account**.



☐ **Biometric Health Screening** Choose ONE of the following options:

- **Option 1: LabCorp Clinic (recommended method)**
  - From your [myHC360+ Dashboard](#), go to **Biometric Screening > Schedule a Screening** and follow the prompts to schedule at a participating lab. It is very important to schedule through your myHC360+ account as it will ensure your visit is not billed to you and that your results are properly shared with HealthCheck360 **OR**
- **Option 2 Primary Care Physician**
  - From your [myHC360+ Dashboard](#), **Biometric Screening > Physician Form > Download**. Ask your doctor to code the service as preventative, not diagnostic, to avoid billing issues. Once completed, return to the same path in myHC360+ and upload your completed form.

☐ **Nicotine Attestation** Please note that even if you have completed this in years past, you must re-attest every year.

- From your [myHC360+ Dashboard](#), go to your **To Do List > Nicotine Attestation** and submit your nicotine status form the list of options.
- If you elect **"Yes, I attest to being a nicotine user, please enroll me in the Nicotine Cessation Program"**, you will be contacted by a HealthCheck360 Health Coach within 3-5 business days.

## Important Deadlines:

**9/12/2025** – deadline for rates to show at Open Enrollment.

**11/07/2025** – deadline to be eligible for the incentives.

**Need Help?** Contact the HealthCheck360 support team at [cognizantwellbeing@healthcheck360.com](mailto:cognizantwellbeing@healthcheck360.com) or 1-866-511-0360.

*If you are unable to participate in the HealthCheck360 Program, you can speak with a live representative about the reasonable alternatives that are available to you, contact HealthCheck360 at 1-866-511-0360. HealthCheck360 practices the same confidentiality standards as your doctor. Your results will not be shared with anyone at Cognizant.*