

We are a Certified Mental Health and Substance Abuse Clinic. We provide a wide range of services and programs for children, adults and families who might be challenged by issues such as abuse, anxiety, depression, relationship issues, trauma, grief, substance abuse, etc. Our agency has eleven mental health therapists and/or substance abuse counselors on staff with a wide variety of specialties and skills. Each member of our staff believes in the infinite worth of every human being and we strive each day to make a difference in the lives of those we serve.

Our Mission: To promote and enhance personal and family growth and development, while serving to facilitate and support an environment where equality, justice and safety is available for every individual in our community.



Peaceful Solutions Counseling

www.PeacefulSolutions.org

To make an appointment call:
(715) 675-3458

Peaceful Solutions Counseling

741 North 1st Street
Wausau, WI 54403

www.PeacefulSolutions.org

Peaceful Solutions Counseling

(Branch Office)
726 East 2nd Street
Merrill, WI 54452



Individual, Couples and Family Therapy

Our agency offers individual, couples, and family therapy. Therapy services are designed to help children and adults deal with a variety of issues affecting their lives such as anxiety, depression, life changes, behavior problems, trauma, grief or loss, ADD/ADHD, sexual abuse, physical abuse, relationship difficulties, divorce adjustment problems, parenting issues, etc.

Substance Abuse Counseling

Peaceful Solutions Counseling provides assessments and effective counseling/treatment for individuals (adults and teens) abusing or addicted to chemical substances. Other services include, individual and group counseling for both teens and adults, relapse prevention, alcohol and drug education, and family support services

The CHOICES Program

The CHOICES Program is a comprehensive program for teens that are experiencing problems with alcohol and drugs.

Depending on the need of the individual, we are able to provide individual, group, or family sessions. It is our goal in the CHOICES program to help teens develop skills to avoid harmful risks, prevent and reduce the misuse of alcohol and drugs, improve access to behavioral health screening and effective treatment programs. We accept referrals from a variety of sources.

Parenting Together Cooperatively Program:

This court approved course is 3 to 4 hours in length and is devoted specifically to the effects of a divorce upon the children and how parents can best meet the special needs of their children following the divorce. *When completed, a Certificate of Completion is filed with the court to verify compliance with this program.*

Employee Assistance Programs

Peaceful Solutions Counseling has contracts with several businesses to offer (EAP) Employee Assistance Counseling Services to their employees.

Just about any kind of concern imaginable can be brought to the EAP, such as: stress, anxiety & depression, substance abuse, parenting issues, marital and family problems, etc.

The S.A.F.E. Program

The SAFE program is a group therapy program that provides education/therapy for adults who have been emotionally or physically abusive in their intimate partner relationships.

The program accepts referrals from a variety of sources including self-referral, therapists, and the judicial system.

Beyond Survival Group

A therapy group for women wanting to heal and move forward from a past abusive relationship. This group will help women; rediscover a balanced life, reconnect to life enhancing relationships, and discover techniques to reduce or eliminate the emotional response to past trauma.

