



HEALTHCHECK360 COVID-19 RESOURCES

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As COVID-19 continues to change the way families live and work, it's important to stay healthy and informed. HealthCheck360 has resources to support you and your family during the COVID-19 pandemic.



RESOURCE CENTER

The COVID-19 Resource Center, available at HealthCheck360.com, offers tips on preventing the spread of the virus, what to do if you think you have symptoms, and live updates from the CDC and the World Health Organization.

Plus, you'll get resources to help you maintain your health during the coronavirus outbreak including home workouts, mental health tips and more.



NURSE HOTLINE

If you have specific COVID-19 related questions, talk to a nurse with the HealthCheck360 coronavirus hotline. There is no cost for the call. Reach a nurse by calling 855.716.2588.